



6. Prepare for your Life Group Meeting

- Make some notes that capture what you chose to work on and what your experience and insights are.
- What did you learn about yourself? What did you learn about the Lord?
- Your experience of the Lord working in your life is given as a gift to the groups.
- Personal details are not needed.
- Keep it concise.

Join a Logopraxis Life Group today!

Contact Pastor Mark
pastor@CarmelNewChurch.org

Or fill in your details and hand to an Usher, Church Secretary or Pastor

Name

Email Address

Living from the **WORD**

The Logopraxis approach seeks to reorientate our relationship to Sacred Texts, by placing the emphasis on reading for application, rather than for information.

Applying the Word to life, or living from the Word, changes the very structures of our mind in how we think and feel, and what we see as being truly real. It brings to our awareness how we **actually** live and what we actually believe, and sets them in stark contrast to those we **profess** to hold.

The light that truth from the Word offers, exposes our negative patterns of feeling, thinking, and behaving that have become our normal way of experiencing life. When living from the Word, it asks us to let go of this “normal” because it is preventing us from moving into the heavenly states of life that the Lord is seeking to give to us.

Logopraxis Life Groups offers you a way to approach and engage with the Lord in His Word supporting your journey of spiritual re-birth or regeneration. It offers a way for you to be more aware of the Lord’s presence with you in your daily living.

Over time, you **won’t need the structure of Logopraxis** to be able to carry an inner awareness of the Lord into every aspect and challenge of life. Every interaction with family and friends, every life challenge will not pass without an inner awareness of the Lord pressing on your thoughts and feelings to let go of old appearances of life and take on what is real.



Practicing the **WORD**



Unfulfilled Longing?

Do you ever think to yourself, “If I just find the right church service, with the right atmosphere and one that has the best programs for my whole family, I will feel more connected to community and fulfilled in my spiritual life?” Do you find that after a time of enjoying what the church has to offer, a deeper longing or discontentment builds inside?

Do you find that while you may enjoy church services, teachings and activities, you still struggle with relationships? You still get upset and overwhelmed by the push & pull of politics, the nastiness & selfishness that seem so pervasive in the world? Are you still plagued by that nagging negative self-talk that puts you down, that gets you angry at others and takes away your willingness to share in meaningful ways?

What is lacking? Why am I feeling unfulfilled? What is going unnoticed in my life?

Change your Mind, Change your Life!

Changing the habitual patterns of your thinking will change your life. Life change is what the Lord offers you through His sacred text of the Old & New Testaments and the Teachings for a New Church. You are invited to join one of our Logopraxis Life Groups as we read sacred text, see what life principles jump out to us and use those principles to uncover where we are stuck in habitual patterns that steal away our inner joy from life.

Hear the Lord speaking to you.

When you approach sacred text knowing it has been given to you by the Lord, you will find passages and ideas jump out at you. Know that this is the Lord trying to speak to you. Know that He is constantly moving within your mind inspiring you to become aware of useful life principles. You will be surprised that what stands out while you read, is what you need.

Life Groups

Logopraxis Life Groups encompasses and supports two important aspects for your spiritual growth & wellbeing. It supports you in going to the Lord for yourself in personal study, practice and reflection time, and provides an opportunity to build spiritual community through sharing valuable insights from your practice of the Word.

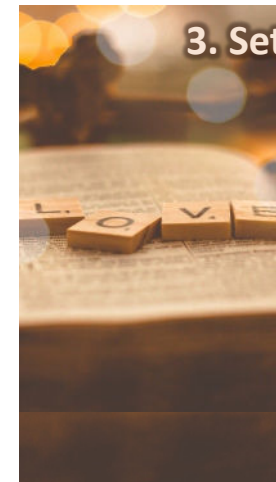


1. Read & Note

- Centre yourself to remove both external and internal distractions.
- Read the prescribed section of Text.
- Take note of ideas that reach out to you, that are of interest or even disturb you.

2. Review & Select

- Take time to go through the passages that caught your attention.
- Feel free to re-read your top passages over a day or so.
- Select one passage you will use for the week.

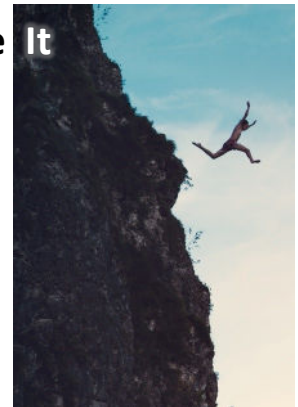


3. Set a Task

- Ask of your chosen text, “What is the spiritual principle I see in this?”
- Create a Task for yourself from that principle.
- The Task should direct you inwards to focus on your thoughts & feelings.

4. Live It

- Put your task into practice.
- Observe the behaviour of your thoughts & feelings.
- Failure is an option!**



5. Reflect on it

- Collect your experience of working with the task
- Did you remember to do the task, what happened when you did?
- What did you learn about your thoughts & feelings in light of your task?